





Nature Journal Prompts




Drawing & Observation Prompts:

- Draw what you see in the sky today.
- Sketch the first flower you spot.
- Find something tiny and draw it close-up.
- Draw something that moves.
- Design your own bug with wings, stripes or dots.




Sensory & Writing Prompts:

- What does (enter current season here) smell like today?
- How many colors can you find outside?
- What did the wind feel like?
- Write down the weather. (Sunny, Rainy, Cloudy, Snowy?)
- Describe a sound you heard while sitting still.




Hands-On Prompts:

- Try a leaf rubbing and tape it here.
- Press a flower and glue it here.
- Mark a bark rubbing and label a tree.
- Write a story about a bug's adventure.



Tracking & Lists:

- Birds I saw today. (Create a checklist)
 - My favorite nature finds this week.
 - What's blooming right now?
 - Signs of (new season) I noticed.
 - Bugs I spotted. (leave room for tally marks)
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